



Adair County SB40 Developmental Disability Board  
314 East McPherson Street  
Kirkville, MO 63501

Postage  
Information

X

## Come Join In the Fun!

The Community Learning Center is open for all scheduled activities in January with the exception of BINGO. **We will be playing BINGO via Zoom link on Fridays.** Because this is such a favored activity with a large rate of attendance and due to the increased number of active area COVID cases, we feel this is something we must do to help keep everyone healthy and safe.

Also, please note that Coffee & Cards will be held at the Community Learning Center in January instead of in the community. Again this is to ensure the safety of all.

In January we will again offer Circles® Relationships, a class focused on teaching how to practice appropriate and healthy boundaries within various types of relationships. Participants must register for this class.

To sign up for BINGO or Circles, please contact Melissa or Angela at the Community Learning Center by calling 660-665-9400 or emailing the Community Learning Center at [clc@sb40life.org](mailto:clc@sb40life.org).



Developmental Disability Board

## Adair County SB40 Developmental Disability Board

DD Resource Center  
314 E. McPherson Street  
Kirkville, MO 63501  
(660) 665-9400  
[sb40@sb40life.org](mailto:sb40@sb40life.org)

Community Learning Center  
1107 Country Club Drive  
Kirkville, MO 63501  
(660) 660-9400  
[clc@sb40life.org](mailto:clc@sb40life.org)

Website: <https://sb40life.org>

January 2022

## Save the Dates Family Law Presentation Series

The Community Learning Center is proud to partner with Kirkville Attorney Jessica Rooks, Rooks Law Firm, LLC, to present information to people with Developmental Disabilities and their families about a variety of Family Law topics such as estate planning, family trusts, Medicaid, Power of Attorney and other issues!



**SAVE THE DATES  
2022**

**2nd & 4th Thursdays, 5:30PM  
Community Learning Center, 1107 Country Club Dr., Kirkville  
January, 13th & 27th  
February 10th & 24th  
March 10th & 24th**

Jessica Rooks runs a thriving Elder Law and Estate Planning firm in rural Northeast Missouri. Since opening her practice in 2012, Jessica has served as the First Circuit Juvenile Attorney. She has also been profiled in [Missouri Lawyer's Media](#), and was named an [Up and Coming young attorney](#) for the Missouri Bar Weekly in 2018, and has held numerous community seminars and information sessions on Estate and Long Term Care Planning. Outside of her practice, Jessica has worked extensively with local charities, been nominated for the Kirkville Young Professionals Top 5 Under 40 Award and has served on the board of her local chapters of the Chamber of Commerce, HUD and YMCA. To learn more about Jessica, you can visit her website [rookslawfirm.com](http://rookslawfirm.com).

*Virtual options will be available and a new topic will be discussed during each session. For more information, contact the Community Learning Center (660-665-9400) or [clc@sb40life.org](mailto:clc@sb40life.org).*



## 2022 COMMUNITY ENGAGEMENT CONFERENCE Building Community

### 2022 Community Engagement Conference - Building Community

Date: Tuesday, March 15, 2022

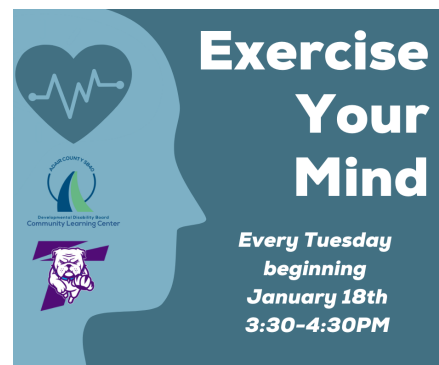
Time: 8AM-3PM

Location: Truman State University Student Union Building

## AmbassaDDAIR Volunteer Network

SB40 is looking for community members to join our AmbassaDDAIR Volunteer Network! The AmbassaDDAIR program is an unpaid volunteer program. The purpose of this new program is to enhance ADVOCACY, INCLUSION, and RESOURCES to individuals with Developmental Disabilities through supplementing staff efforts with volunteerism from the local community. AmbassaDDAIRs will learn about SB40, actively participate in public speaking opportunities, share resources during community activities, assist with a new program, LIFE Check, volunteer at the Community Learning Center and assist with other programs as they are developed.

If you are at least 18 years of age and would like to learn more information about the AmbassaDDAIR Volunteer network, please visit the SB40 website, [sb40life.org](http://sb40life.org), or contact the Community Learning Center (660-665-9400).



## Exercise Your Mind

New classes starting January 18th! Join volunteers from Truman State University's Health and Exercise Science Department every Tuesday, 3:30-4:30PM for this fun and engaging class.

Participate in fun and engaging themed based activities to help you keep your mind sharp during the cold winter months.

## Please Support Us!

Adair County SB40 now has the ability to accept donations through Adair County DD Link, our 501 (c) (3) nonprofit charitable organization, with DonorBox! We invite you to support the Community Learning Center with this new option. Each tax-deductible donation will allow us to provide more programming and support to our community. Please consider supporting all of the wonderful opportunities the Center has to offer!

Donating is as easy as clicking on the new Donation button on our website, visiting the Donation page <https://www.sb40life.org/general-9> on the website or scanning this QR code. Thank you for your support!!



## Crystal's Corner - Activities of the Board

Adair County SB40 has nine Directors serving three year terms and are appointed to the Board by the Adair County Commissioners. The Board of Directors meets on a monthly basis to review staff reports and finances, to conduct Board business and to approve staff requests in accordance with Agency policy. This past November, the Board of Directors of Adair County SB40 held their annual retreat. Every year the Board members hold an annual retreat to discuss the status of the organization and plan for the coming year. One of the purposes of the retreat is to review the Mission, Vision, Values and Ethical Principles of the organization. The Board members reauthorized the following without change:

**Our Mission - Why do we exist?** The **MISSION** of the Adair County SB40 is to encourage in ADVOCACY, promote INCLUSION, and provide essential RESOURCES to assist people with developmental disabilities to live self-determined lives.

**Our Vision - What is the future we seek to bring about?** Our **VISION** is to see people's ABILITIES and change the world so that everyone can live their best life.

### Our Values:

- SELF-DETERMINATION - Having opportunities, respectful support, and the authority to exert control in one's own life with decisions that are honored and the opportunity to succeed or learn from failure.
- COMMUNITY - The importance of community in the lives of people with developmental disabilities and the importance of people with developmental disabilities in the life of the community with emphasis on collaboration and belonging.
- EQUALITY - Ensuring that all people have equal opportunities to make the most of their lives and talents and that no one should have poorer life chances because of the way they were born, where they come from, what they believe, or whether they have a disability.

### Our Ethical Principles:

- CONCERN & RESPECT FOR OTHERS
- TRUSTWORTHINESS
- ACCOUNTABILITY
- FAIRNESS
- COMMITMENT TO EXCELLENCE

The Board also reviewed the Strategic Plan of the organization for the coming year. The Board referred the goals and focus of the Strategic Plan to Staff Committee for prioritization and recommendations to the members.

### Our Objectives:

- Ensure people with developmental disabilities receive quality, personalized services through coordination, linking, planning and monitoring of supports. (Targeted Case Management, Community Resource Coordination)
- Secure funding for necessary and qualifying expenses for people with developmental disabilities and agencies supporting them.
- Education to ultimately improve the lives of people with developmental disabilities.

### Our Focus Areas:

- Community Engagement
- Talent & Leadership
- Accountability
- Infrastructure

As the new Executive Director of Adair County SB40, it is my highest priority to assure that the organization is ethically engaged, rises above consumer expectations and provides the highest quality of services - *beyond* compliance. At least once a year, individuals receiving Targeted Case Management services are sent a satisfaction survey. Please take the time to complete and return those surveys. I ask that you join us in reviewing all of the services and activities of Adair County SB40 and invite you to contact me directly at any time. I welcome your thoughts, suggestions and input. Feel free to email me at [crystal@sb40life.org](mailto:crystal@sb40life.org).