



The Spirit of Belonging-- a process used to engage people with disabilities and mental health conditions to share their personal experiences, interests, hopes, and strengths as a member of his or her chosen faith community.

Building Relationships—The Key to the Spirit of Belonging

Have a conversation!

In the true Spirit of Belonging, we each share something about ourselves. These questions are designed to start a conversation, not an interview. You may not even ask all the questions.

- Tell me about yourself.
- Tell me about your family.
- What are you interested in?
- What do you like to do in your free time? What are your hobbies, talents, and skills?
- Do you work? What do you do?
- What events, programs or activities do you look forward to?
- Tell me a little about your faith journey.
- Tell me about your favorite holidays--secular and/or religious. How did you and your family celebrate your favorite holiday?
- What's most important to you about being part of a congregation/faith community?
- Tell me what activities, programs, classes, services, or volunteer work you would like to be involved with in the congregation?
- What would make you comfortable when you attend here for the first time?
- Where do you feel most at ease or comfortable?
- What would you like to know about us?
- Do you use email? Facebook? Twitter? Instagram? Any other social media?
- What's the best way to communicate with you?
- What would you like people to know about you? What would you like people to know about your disability?
- Are there particular accommodations we can make to support your participation?

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